

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:45am Breakfast	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>
10:00am Snack (Rolling)	<i>Crackers with jam or cheese With milk/water</i>	<i>Banana's With milk/water</i>	<i>Oranges With milk/water</i>	<i>Carrot and pepper slices With milk/water</i>	<i>Fruit platter With milk/water</i>
11:30-12:00pm Lunch	<i>Chicken Carbonara with spinach <small>*Halal</small></i>	<i>chickpea & vegetable curry Basmati rice <small>(VE)</small></i>	<i>Lentil & vegetable soup with croutons</i>	<i>Roast chicken with potatoes & vegetable <small>*Halal</small></i>	<i>Cauliflower & broccoli cheese bake <small>(VE)</small></i>
11:30-12:00pm dessert	<i>Yoghurt</i>	<i>Custard</i>	<i>Melon</i>	<i>Fruit salad</i>	<i>Apple pie and custard</i>
2:30pm Snack (Rolling)	<i>Tangerines With milk/water</i>	<i>Rice cakes With milk/water</i>	<i>Guacamole and breadsticks With milk</i>	<i>Breadsticks With milk/water</i>	<i>Vegetable sticks With milk / water</i>
4:00-15:30pm Tea	<i>Jacket potato Cheese**/beans <small>(VE)</small></i>	<i>Minestrone Soup and wholemeal bread</i>	<i>Turkey bolognaise With garlic bread</i>	<i>Cheese/cucumber or Chicken and tomato sandwiches</i>	<i>Chicken tikka curry with rice and sweetcorn <small>*Halal</small></i>
3:30-4:00pm Dessert	<i>Blueberry muffins</i>	<i>Yoghurts</i>	<i>Apple Loaf</i>	<i>Carrot cake</i>	<i>Peaches</i>



Monkey puzzle Battersea – Autumn/Winter Menu – Week 1