

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:45am Breakfast	Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads				
10:00am Snack (Rolling)	Tangerines	Banana's	Cucumber and celery sticks with cheese and chive dip	Apples & Pear	Vegetable sticks With milk / water
11:30-12:00pm Lunch	Lentil & vegetable soup with croutons (VE)	Beef / vegetable stew & dumplings	Five bean chilli & Rice (VE)	Roast chicken with potatoes & vegetable	Salmon Pasta with Peas
11:30-12:00pm dessert	Angel delight	Pineapple fingers	Melon	Fruit salad	Peach Cobbler
2:30pm Snack (Rolling)	Crackers with jam or cheese	Rice cakes With milk/water	Oranges With milk/water	Breadsticks	Fruit platter With milk/water
16:30-17:00pm Tea	Mushroom Risotto (VE)	Cheese/cucumber or Chicken and tomato sandwiches	Tuna Pasta Bake	Leek & potato soup with breadsticks (VE)	Sausage Casserole (VE)
3:30-4:00pm Dessert	Banana Milkshake	Rice Krispies cakes	Yoghurts	Peaches	Carrot cake



## Monkey puzzle Battersea – Autumn/Winter Menu – Week 2