



Monkey puzzle Battersea – Autumn/Winter Menu – Week 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:45am Breakfast	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>
10:00am Snack (Rolling)	<i>Banana's</i>	<i>Crackers with jam or cheese</i>	<i>Guacamole and breadsticks With milk</i>	<i>Carrot and pepper slices With milk/water</i>	<i>Fruit platter With milk/water</i>
11:30-12:00pm Lunch	<i>Vegetable Lasagne &Garlic bread</i>	<i>Cottage Pie with Carrots</i>	<i>Mac & Cheese and broccoli</i>	<i>Sausage Casserole mash potato</i>	<i>Cauliflower & broccoli cheese bake</i>
11:30-12:00pm dessert	<i>Strawberry Mousse</i>	<i>Melon slices</i>	<i>Fruity cupcakes</i>	<i>Fruit salad</i>	<i>Apple crumble with Custard</i>
14:30pm Snack (Rolling)	<i>Breadsticks and raisins</i>	<i>Rice cakes With milk/water</i>	<i>Oranges and apple slices With milk/water</i>	<i>Banana's With milk/water</i>	<i>Vegetable sticks With milk / water</i>
16:30-17:00pm Tea	<i>Beans on Toast</i>	<i>Minestrone Soup and wholemeal bread</i>	<i>Cheese/cucumber or Chicken and tomato sandwiches</i>	<i>Tuna Pasta Bake</i>	<i>Turkey bolognaises With garlic bread</i>
16:30-17:00pm Dessert	<i>Tangerines</i>	<i>Yoghurts</i>	<i>jelly</i>	<i>Rice pudding</i>	<i>Natural yoghurt and fruit</i>