



Monkey puzzle Battersea – Autumn/Winter Menu – Week 4

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:45am Breakfast	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>	<i>Porridge Cereal – rice krispies, Weetabix Toast with assorted spreads</i>
10:00am Snack (Rolling)	<i>Cheese straws/cucumber With milk/water</i>	<i>Fresh fruit platter With milk/water</i>	<i>Rice cakes and cheese spread</i>	<i>Carrot and pepper slices With milk/water</i>	<i>Fruit platter With milk/water</i>
11:30-12:00pm Lunch	<i>Chicken and vegetable curry with a side of rice and naan bread</i>	<i>Jacket potato and chilli</i>	<i>Sweet and sour vegetable noodles with spring rolls</i>	<i>Shepard's pie with peas and carrots</i>	<i>Tuna napolitana pasta served with garlic bread</i>
11:30-12:00pm dessert	<i>Orange segments</i>	<i>Mixed berry yoghurt</i>	<i>Apple and raisins</i>	<i>Chocolate chip muffins</i>	<i>Butterscotch tart and custard</i>
2:30pm Snack (Rolling)	<i>Breadsticks with raisins With milk/water</i>	<i>Rice cakes With milk/water</i>	<i>Hummus and breadsticks With milk/water</i>	<i>Banana & raisins With milk/water</i>	<i>Vegetable sticks With milk / water</i>
3:30-4:00pm Tea	<i>fish cakes with new potatoes and mixed vegetables</i>	<i>Beef and tomato meatballs with rice and mixed vegetables</i>	<i>Spiced carrot and lentil soup with homemade rolls</i>	<i>Breaded chicken with potato wedges and peas</i>	<i>Fish fingers with mushy peas and wedges</i>
3:30-4:00pm Dessert	<i>Sugar free Lemon sponge cake</i>	<i>Banana and apples</i>	<i>Banana flapjacks</i>	<i>trifle</i>	<i>Pear slices</i>